



Duke Prostate Center  
DUKE UNIVERSITY HEALTH SYSTEM

WE PUT MEN BACK ON COURSE



# *15<sup>th</sup> NASPCC-2019: Low Risk Localized Prostate Cancer Panel: Genomic Tests*

Judd W. Moul, M.D. FACS  
James H Semans Professor of Surgery -Duke Cancer Institute  
Duke University Medical Center  
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# *What Causes Cancer?*



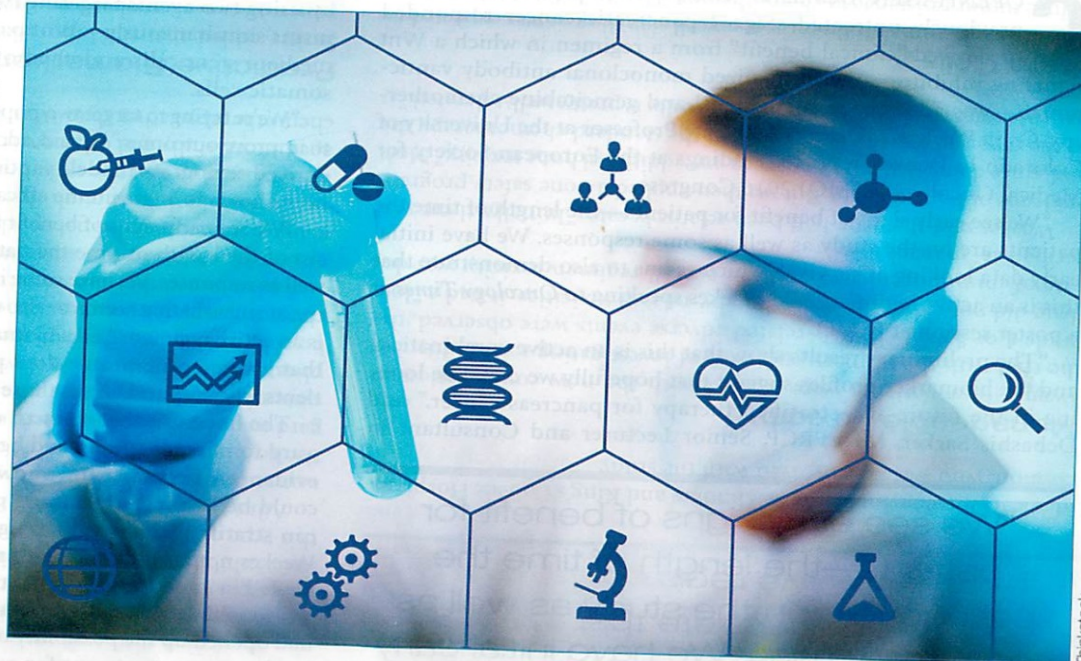
# Genetics are major cause of cancer

## Genomic Testing Issues in the Era of Precision Medicine

BY PEGGY EASTMAN

**A**s cancer care evolves into a field where genomic testing is used routinely to pinpoint diagnoses and determine treatments for specific subpopulations, a growing number of molecular tests are becoming available to oncologists. Invited speakers examined issues related to the role of these tests in precision medicine at a Senate briefing on Capitol Hill sponsored by the Friends of Cancer Research (FOCR) and the Deerfield Institute, which develops and analyzes data to enhance the understanding of innovation, emerging products, and trends within health care.

Concerns have been raised that some of the tests used, specifically laboratory-developed tests (LDTs), may not be as high in quality as FDA-approved tests sold as diagnostic kits and known



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# Genomics and Cancer-Hot Topic!

ONCOLOGISTS' GUIDE TO GENOMICS

## Personalized, Genomic-Based Care Could Mean a Paradigm Shift

BY JIANFENG XU, MD, DRPH, CHARLES B. BRENDLER, MD, & CARLY CONRAN, BS

**G**enomic-based personalized cancer care strategies are being developed to better assess one's inherited risk for various types of cancer, a development that could lead to more effective ways to screen for, prevent, and treat the disease, all critical to reducing cancer mortality.

Currently, inherited cancer risk assessment is based primarily on family history. For a small subset of patients with an exceptionally strong family history of a cancer, or cancers, genetic testing of inherited (germline) impactful alterations in high-penetrance genes (HPGs) such as BRCA1/2 may be performed to further assess inherited risk. However, this current standard of care is insufficient because most individuals are either unaware or possess an incomplete understanding of their family history.

Indeed, about 50 percent of individuals who harbor mutations in HPGs do not have a known family history of the associated disease, and, similarly, many individuals without a known family history or HPG mutations may still have an increased inherited cancer risk.

### Genetic Risk Score

The NorthShore University HealthSystem (NorthShore) Genetic Risk Score (GRS) is a novel tool for measuring inherited risk beyond HPGs and can identify additional subjects in the general population who have an elevated risk of developing specific types of cancer. The GRS is based on cancer risk-associated single nucleotide polymorphisms (SNPs) that have been discovered



**JIANFENG XU, MD, DRPH**, is Vice President of Translational Research & Director, Program for Personalized Cancer

Care, NorthShore University HealthSystem. **CHARLES B. BRENDLER, MD**, is Vice Chairman of Surgery & Executive Research Director, Program for Personalized Cancer Care, NorthShore University HealthSystem. **CARLY CONRAN, BS**, is Research Coordinator, Program for Personalized Cancer Care, NorthShore University HealthSystem.

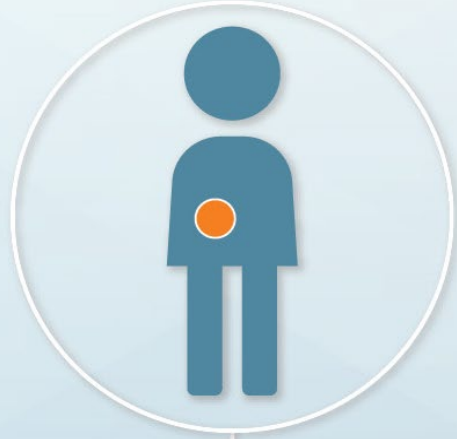
includes both cancer-associated HPGs and SNPs. This panel, called the NorthShore Inherited Cancer Panel (ICP), eliminates the need to perform two separate assays for HPGs and GRS. In this way, it is both simple and cost-effective. A potential clinical utility of the ICP may include inherited risk assessment among asymptomatic subjects for developing targeted cancer prevention and screening strategies. The ICP may also be used among known cancer patients for predicting prognosis and personalizing treatment strategies.

### Testing With Clinical Trials

To evaluate the clinical utility of our inherited cancer risk assessment strategy, we have recently initiated two clinical trials at NorthShore. The first trial is a study of our GRS for breast, prostate, and colorectal



# Somatic vs. Germline Mutation



## SOMATIC MUTATION

- Every cancer has many somatic mutations.
- A **somatic mutation** is a change in the gene that arose in the tumor and is confined to the tumor.
- Most cancer is sporadic (i.e., it happened by chance).



## GERMLINE MUTATION

- A **germline mutation** is a change in the gene that was inherited and therefore causes an increased risk for cancer.
- This is also known as **hereditary cancer**.
- Only around 10% of cancer is hereditary.

# *Genetic Tests Remain Controversial- Prostate*

- **Germline/Hereditary**: Legal Privacy Concerns; limited targeted therapeutics; accuracy and cost of current multi-gene tests and “which one is best”
- **Somatic**: lack of prospective RCTs; expense; accuracy; “which one is best”; lack of clear guidelines

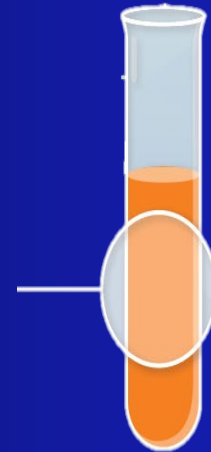
# Tumor Testing vs. Germline Testing

**Tumor testing** can help guide treatment options (e.g., Prolaris, Oncotype, Decipher)



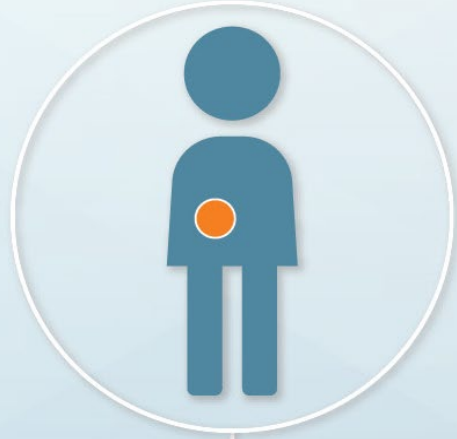
Tumor Biopsy

**Germline testing** (blood/saliva) can help determine if a mutation was inherited and help guide treatment and risk management options for patient and family members



Blood or Saliva Test

# Somatic vs. Germline Mutation



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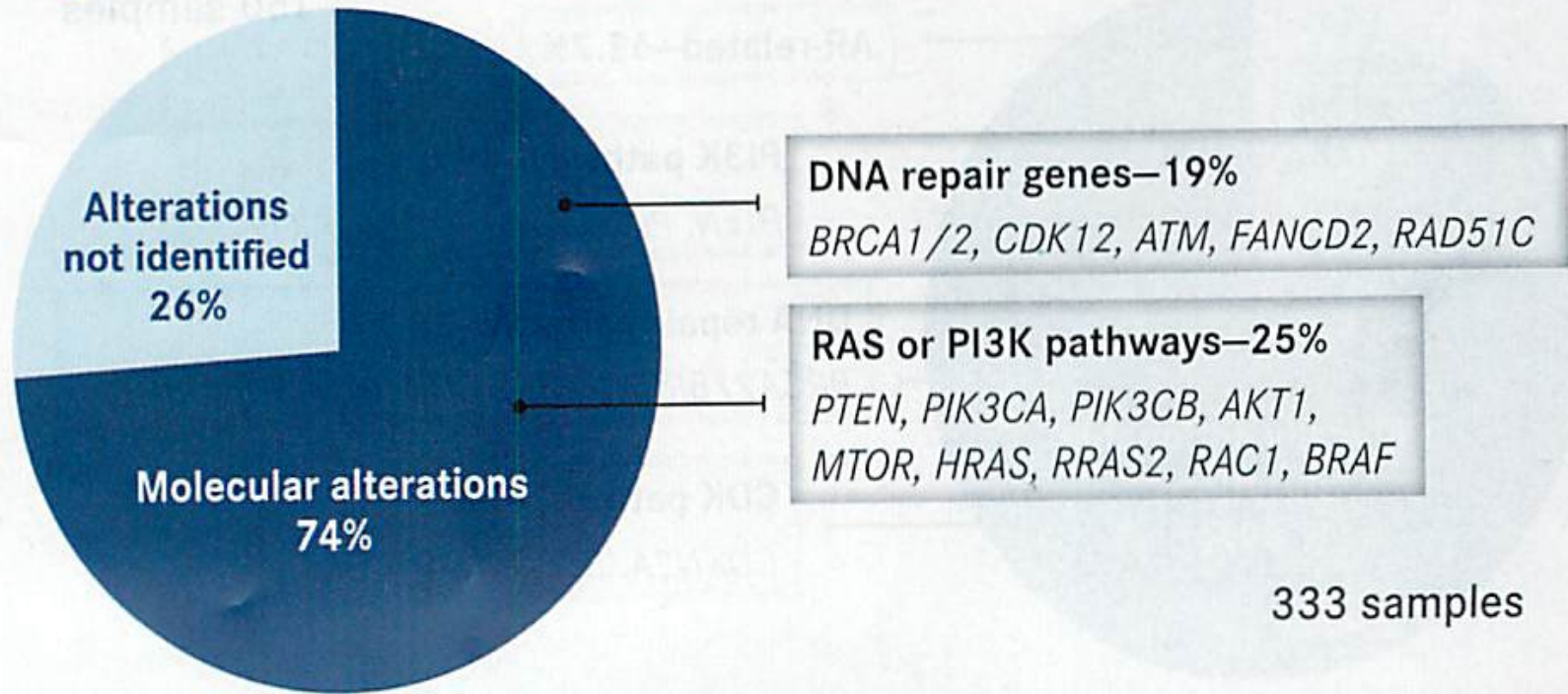


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# Localized CaP: Molecular Alterations in 74% of Patients

**Figure 1.** Genomic Highlights of Primary Prostate Cancer



Mutational load: Median 0.94 mutations/megabase

Some samples have more than 1 of these mutations

# *Molecular Risk Tools-2019*

- Serum Markers
  - PHI (Beckman Coulter)
  - 4K Score (Opko Labs)
- Prostate Biopsy Tissue
  - Confirm MDx (MDx Health)
  - Prolaris (Myriad Genetics)**
  - Oncotype GPS (Genomic Health)**
  - Decipher (Genome Dx)
- Radical Prostatectomy Tissue
  - Prolaris (Myriad Prolaris)
  - Decipher (Genome Dx)

# *Genetic testing at Duke Prostate Center-Duke Cancer Institute*

- Duke Diagnostic Technology Committee (multi-D) must approve all “send-out” molecular/genetic tests
- Myriad Prolaris approved 12/19/2012
- Oncotype Dx GPS approved 9/10/14
- 4K score rejected 12/2014
- Decipher (post RP) approved 6/2015
- PHI “in house” Duke Labs 1/2016
- Confirm MDx- approved 5/12/2016

# Guidelines: Molecular Testing of Tumor

2018 NCCN Prostate Cancer Guidelines

- Very low risk- Not generally indicated
- Low risk- consider if  $>10$  year life-expectancy
- Favorable intermediate- “ “ “ “
- Unfavorable intermediate- not indicated
- High Risk- not indicated
- Very High Risk-not generally indicated
- Regional metastases- consider: MSI; dMMR
- Distant metastases- consider: “ “

# Myriad Prolaris

## CCP Gene Function

### THE PROLARIS 46-GENE PANEL

*FOXM1* *CDC20* *CDKN3* *CDC2*

*KIF11* *KIAA0101* *NUSAP1* *CENPF*

*ASPM* *BUB1B* *RRM2* *DLGAP5*

*BIRC5* *KIF20A[BP1]* *PLK1* *TOP2A*

*TK1* *PBK* *ASF1B* *C18orf24*

*RAD54L* *PTTG1* *MCM10* *PRC1*

*DTL* *CEP55* *RAD51* *CENPM*

*CDCA3* *CDCA8* *ORC6L*

#### 31 Cell Cycle Progression Genes

Highly correlated and provide a reproducible measure of cell proliferation

*RPL38* *UBA52* *PSMC1* *RPL4*

*RPL37* *RPS29* *SLC25A3* *CLTC*

*TXNL1* *PSMA1* *RPL8* *MMADHC*

*RPL13A* *PPP2CA* *MRFAP1*

#### 15 Housekeeper Genes

Normalize the expression of the cell proliferation genes

# Genomic Health Oncotype Dx GPS

## Oncotype DX Prostate

- Quantitative 17-gene RT-PCR assay on manually micro dissected tumor tissue from needle biopsy
- Genes and biological pathways predictive of multiple endpoints, with emphasis on clinical recurrence
- Optimized for very small tissue input: six 5 micron sections of single needle biopsy block with as little as 1 mm tumor length

### Androgen Signaling

AZGP1  
FAM13C  
KLK2  
SRD5A2

### Cellular Organization

FLNC  
GSN  
GSTM2  
TPM2

### Stromal Response

BGN  
COL1A1  
SFRP4

### Reference

ARF1  
ATP5E  
CLTC  
GPS1  
PGK1

### Proliferation

TPX2

GPS =

$$\begin{aligned} & 0.735 * \text{Stromal Response group} \\ & -0.352 * \text{Androgen Signaling group} \\ & +0.095 * \text{Proliferation group} \\ & -0.368 * \text{Cellular Organization group} \end{aligned}$$

Scaled between 0 and 100

# Comparison of two genetic tissue tests

## *Myriad Prolaris*                      *Genomic Health GPS*

- RNA expression **cell cycle progression (CCP)** genes
  - **31** genes across cell cycle progression pathways
  - **15** housekeeper genes
  - Each 1 unit change in Prolaris score equals a doubling (or halving) of risk
  - Biopsy tissue
  - Radical prostatectomy tissue
  - Can be ordered- all grades
- RNA expression of **multiple cellular pathways**
  - **12** genes across multiple varied cellular pathways
  - **5** housekeeper genes
  - GPS results range from 0-100
  - Newly diagnosed men with low to low-intermediate risk prostate cancer (GS 3+3, low volume 3+4) who have had a biopsy within the past 12 months

# *Limitations of Prolaris/Oncotype*

- Neither have been prospectively validated in an active surveillance population
- Unclear which of the two is “better”
- Costly (\$3,000-3,500 USD) but Medicare covered
- How the information is presented to the patient is not standardized and physician biases and patient wishes will invariably affect treatment decisions
- Not globally available

# *NASPPCC 2019: Genetic Tests Prostate -Summary*

- Must differentiate germline vs. somatic testing
- Hereditary testing: Fam Hx; advanced disease
- Hereditary mutation: candidate for AS?
- Somatic Localized: Myriad Prolaris and Genomic Health Oncotype GPS - Biopsy tissue based mRNA multi-gene expression/ archival tissue: AS vs Active Rx- do they really make any long term difference?